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Prairie Mountain Health releases Community Health Assessment

The first Community Health Assessment for Prairie Mountain Health has been completed. The 2015 Community Health Assessment (CHA) is part of a comprehensive information gathering process which collectively lists and compares health information on a regional, and in many cases, district by district basis. The extensive document provides information on the health status, health behaviours and health care use by people in Prairie Mountain Health region.

Prairie Mountain Health CEO Penny Gilson says the CHA, compiled every five years, is a very important component of the health region's overall planning process and quality improvement initiatives.

"We are very pleased that the culmination of two years of information gathering-from both a statistical and community and stakeholder input level- has, in effect, significantly contributed to our region's health story. This detailed document will assist our health planners in analyzing trends in the health and health care use in our communities and identifies the strengths, challenges and opportunities we have within Prairie Mountain Health," Gilson stated.

Prairie Mountain Health will use the CHA to inform program and service planning and the Strategic Plan. The information will be reviewed and shared in a variety of ways with the region's stakeholders, health partners and provincial planners.

"I would especially like to acknowledge the staff that made up our CHA Working Group. They have worked tirelessly and efficiently to produce this document for our staff, communities and Manitoba Health, Healthy Living and Seniors. To the CHA Team, thank you for your dedication, commitment and perseverance in seeing this extensive undertaking come to a successful conclusion," Gilson added.

The complete document, as well as an executive summary version, is available on the PMH website at www.prairiemountainhealth.ca. The recently-released PMH newsletter "Thrive", which is also available on the website, features some personal stories of clients who have accessed PMH services and how well their needs are being met.

(Background: For the Executive Summary [click here.](#))

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